

Your genes decide how old you get



If your grandparents were able to celebrate their 90th birthday there's a good chance you might do the same. Our age is determined partly by our genes – not only how long we live, but also how well we are, physically and psychologically. That some people become really old while others don't even reach pension age is determined partly by inherited molecular variations in the DNA code in our genes.

View the original post here: [Your genes decide how old you get](#)