

## Can genetic testing tell you about your child's Olympic future?

As I watch the Olympics this week I'm particularly interested in the stories about some of the athletes as kids, especially interviews with their parents. What was it in the child's interests, determination, physical talents, or other circumstances that ultimately led them to the highest levels of their sport?

There are many factors that influence a child's physical ability and athletic future, and some of those factors are genetic. More than 150 genes have been linked to different aspects of physical performance, including oxygen uptake efficiency, aspects of heart performance, and muscle fiber composition.

**View the original article here: [Can Genetic Testing Tell You About Your Child's Olympic Future ...](#)**