

The importance of getting educated on GMOs

Organic, free-range, grass-fed — you need a dictionary just to get around the grocery store aisles these days. Products are being designed to better fit into our expanding society — items that grow faster, last longer on the shelf or are more productive. Some of these can occur naturally by cross-breeding similar species, but more commonly this happens inside the lab with scientists rearranging the genetic material. Genetically modified organisms or genetically engineered products are usually plant foods in which their molecular biology has been changed in ways that would not naturally occur in the environment.

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