

Eating “GMO-free” is a luxury

In this modern age of plenty, we no longer worry about what to eat. Now, we agonize over what not to eat. Since starvation is no longer a threat to our survival, food itself is the new hazard. And born from the luxury of a full stomach, anti-science and alarmist beliefs have grown into prominence.

Outspoken activists urge us to avoid all manner of eatable evils — [dairy](#), [gluten](#), and [genetically modified organisms](#) (GMOs) for example. Live life “dairy-free,” “gluten-free,” or “GMO-free,” they declare. I never realized that milk, bread, and corn had me in chains.

View the original article here: [Pseudoscience from the Luxury of a Full Stomach](#)