

Organic tomatoes accumulate more vitamin C, sugars

The following is an excerpt.

Tomatoes grown on organic farms accumulate higher concentrations of sugars, vitamin C and compounds associated with oxidative stress compared to those grown on conventional farms, according to research published February 20 in the open access journal *PLOS ONE* by Maria Raquel Alcantara Miranda and colleagues from the Federal University of Ceara, Brazil.

View the press release here: [Organic tomatoes accumulate more vitamin C, sugars than conventionally grown fruit](#)

View the scientific paper here: [“The Impact of Organic Farming on Quality of Tomatoes Is Associated to Increased Oxidative Stress during Fruit Development”](#)