

## Gene therapy shows early promise for heart failure

*The following is an excerpt.*

THURSDAY, Feb. 21 (HealthDay News) — When it comes to [treating heart failure](#), the ultimate hope is to develop a therapy that repairs the damaged [heart](#) muscle.

Now, an early study hints at a way to do that by harnessing the body's natural capacity for repair.

[Heart failure](#) is a chronic, progressive condition where the heart cannot pump [blood](#) efficiently enough to meet the body's needs, which leads to problems like [fatigue](#), breathlessness and swelling in the legs and feet. Most often, it arises after a [heart attack](#) leaves heart muscle damaged and scarred.

In the new study, researchers were able to use gene therapy to modestly improve symptoms in 17 patients with stage III heart failure — where the disease is advanced enough that even routine daily tasks become difficult.

**View the original article here: [Gene Therapy Shows Early Promise for Heart Failure](#)**