

## Food labels don't tell what's in the genes

*The following is an excerpt.*

Josephine Burriesci already reads food labels and tries to avoid ingredients she can't pronounce.

But what about GMOs, genetically modified organisms? the Saddle Brook resident asked. "What info has to be revealed to the consumer?"

Unfortunately, not much.

There is a continuing debate within the scientific community, the food industry and consumer groups on the benefits and dangers of GMOs. They have been called safe by the Food and Drug Administration, the American Medical Association and the World Health Organization, but many consumers are concerned about long-term effects.

The big problem is that regulations on the whats and hows of disclosure vary widely, leaving consumers to guess.

**View the original article here: DeMarrais: Food labels don't tell what's in the genes**