

When a tomato is a just tomato

The following is an excerpt.

Another paper comparing organic and conventional tomatoes (sort of) was published in PLOS One on 20 February 2013: [The impact of organic farming on quality of tomatoes is associated to increased oxidative stress during fruit development](#).

In contrast to so many other studies that aim to see if there is a difference between conventional and organic produce, these researchers used the same cultivar: Débora, a typical tomato variety used in Brazil. We know that different varieties can vary a lot in things like mineral and antioxidant content. So, removing this variability from the experiment helps a lot.

Unfortunately, they didn't do every thing in a way that would present the most objective results, in my humble opinion...

Read the full post here: [When a tomato is a just tomato](#)