

Are egg and milk allergies linked to GE foods? Scientists answer

The following is an edited excerpt.

With food allergies on the rise, there's no shortage of concern about what is causing them.

Best Food Facts reader, John, had a very specific question about allergies related to genetically modified food, after reading our post on GMOs and Food Allergies. The expert from that post stated "...the food allergies that have increased the most, including peanut, tree nut, egg and milk allergies, are foods that are not GMO. The primary GMO foods in the U.S. are soybeans and corn."

John asked: "Chickens and cows are often fed GM corn and soy – how will they show up in eggs and milk?"

Read the full post here: [Egg and Milk Allergies: GMO Connection?](#)