

Exposure to stress, even before conception, causes genetic changes in offspring

A female's exposure to distress even before she conceives causes changes in the expression of a gene linked to the stress mechanism in the body — in the ovum and later in the brains of the offspring from when they are born, according to a new study on rats conducted by the University of Haifa.

Read the full article here: [Exposure to Stress Even Before Conception Causes Genetic Changes to Offspring](#)