

Stem cells in skincare: the low-down

If you're into skincare, chances are you're also in a state of confusion. Because as exciting as new developments in anti-aging are, if you want to get your head around what to use and why, you probably need to get your head into a science book, too.

The fact is, using stem cells in an attempt to regenerate the skin and fight aging is not as controversial as some of us may think, and it's also not quite as dramatic as some beauty companies like to promote.

Read the full article here: [Stem cells in skincare: the low-down](#)