

Want to live to past the age of 110? It's all genetics – and luck

There are thought to be up to 400 supercentenarians – people who have made it to 110 and beyond – in the world, although there are only 59 currently verified by the Gerontology Research Group. Of these, there are only four verified by the GRG in the UK, although there are thought to be a handful more. But they are clearly a group of very special people.

“I’ll put it simply,” says S Jay Olshansky, professor of epidemiology in the School of Public Health at the University of Illinois, who has spent many years researching longevity. “The only way you can make it out there is if you’ve won the genetic lottery at birth.

Read the full article here: [Want to live to past the age of 110? ‘It’s all genetics – and luck’](#)