

## Iowa State Professor: Genetically modified food is harmless

An Iowa State University food science professor said there is no reason to label foods that contain genetically modified foods though half of all U.S. states are considering laws requiring them.

Ruth MacDonald, a chair in food science and human nutrition, said labeling would be an expensive hassle.

“This is a non-issue,” MacDonald told ISU News. “It is not a health concern.”

Genetically modified organisms or GMOs are plant foods that have been genetically mutated for desired traits such as resistance to herbicides used for weed control or apples that wouldn’t turn brown.

**Read the full, original story here: [“Iowa State Prof: Genetically modified food is harmless”](#)**