

Are you ready for an online genetic test?

For the right person, an online genetic test can be both fun and useful. But for someone else, it might be overwhelming. Or even worse, reveal things they wish they hadn't learned.

The tricky part is figuring out whether a genetic test that can trace your ancestry, reveal potentially deadly disease risks or even teach you about some of your physical traits is right for you. Probably the best way to find out is by talking to a genetic counselor. They've thought through (and probably seen) all of the side effects of a genetic test. But most people don't do this.

Read the full, original story here: [Are You Ready for an Online Genetic Test?](#)