

Genetic evidence suggests chronic unemployment shortens lives

The high unemployment rates of recent years have led to variety of serious problems, including intense financial strains, tension within families, and the pain of careers being disrupted or destroyed. Now, disturbing new research finds being out of work for a long time appears to impact people in an even more basic way.

There is evidence that it shortens lives.

A first-of-its-kind study reports Finnish men who were unemployed for a substantial length of time over the previous three years were more likely to possess a genetic indicator of premature aging. This association persisted even after adjusting for other factors that could shorten one's life.

Read the full, original story here: [Genetic Evidence Suggests Chronic Unemployment Shortens Lives](#)