

New year, new flu evolution

Every year around this time, the age-old practice of making New Year's Resolutions takes center stage as millions of people promise to adopt social behavior patterns that will help them live and thrive. Most of these promises follow a similar code of conduct – dieting, exercising more, being nicer to people – and while intentions might be unwavering; the actual success rate is miserable with an up to 88% failure rate.

In the microbial world, there is also a continuing effort to improve quality of life although instead of pledging resolutions, these microscopic creatures use evolution. Amongst all the different types of germs that exist, none are more able to take advantage of this characteristics than influenza.

Read the full, original story: [Waiting For The Flu's New Year's Evolution](#)