

## First test to predict Alzheimer's years in advance

The world's first blood test to predict Alzheimer's disease before symptoms occur has been developed. The test identifies 10 chemicals in the blood associated with the disease two to three years before symptoms start, but it might be able to predict Alzheimer's decades earlier.

Globally, 35 million people are living with Alzheimer's. It is characterised by a toxic build up of amyloid and tau proteins in the brain, which destroys the neurons. Several blood tests can diagnose the disease, but until now, none has had the sensitivity to predict its onset.

**Read the full, original story:** [First test to predict Alzheimer's years in advance](#)