GMO food is safe, labeled or not

I am the dean of the University of Arizona College of Agriculture and Life Sciences. I tell all our research scientists that we aren't hired to prove our preconceptions or to advocate. We don't set policy. Our job is to do the best science and to provide unbiased data. We also use our scientific expertise to review what others have done.

How can we know what is the safest and most nutritious food for our families?

Genetically modified crops contribute to American families paying less for the safest food in the world than families in any other country. The crops are part of the most efficient, effective and environmentally sustainable agricultural production systems worldwide. They are considered by the world's scientific bodies, non-governmental organizations and conservation groups to be part of our environmentally sustainable future.

What about genetically modified food labeling?

I believe in transparency because I believe in honesty, integrity and education. I understand the science and the regulatory hurdles genetically modified crops must pass to become part of our food supply.

Read the full original article: GMO food is safe, labeled or not