

## Is good parenting in the genes?

Scared expectant parents are always told that knowing how to take care of their offspring just comes naturally. Turns out a new study by Michigan State University psychologists backs up that theory with cold, hard facts.

A statistical analysis of 56 studies about the origins of parenting habits around the globe, involving more than 200,000 families, determined that genes play a big part in how adults choose to parent their children, according to Science Daily. The study, which was published in the *Psychological Bulletin*, a research journal of the American Psychological Association, found that our genetics control 23 to 40 percent of the positive and negative emotions that parents hold toward their children.

**Read the full, original story:** [How Your Genes Help You Become A Good Parent](#)