

Anti-GMO consumer claims there's 'no watchdog' over GMOs, advocates for labeling

When you cross a horse with a donkey, the offspring is neither a horse or a donkey. The resultant hybrid is a mule or a hinny. The parents are different species from the same genus.

If you cross a banana with a scorpion, do you still have a banana? Impossible and ridiculous you're saying. Not so fast. More than 70 percent of the processed food we eat in the United States is produced from seeds that have been genetically engineered or are genetically modified organisms which have been designed to achieve insect or disease resistance, or tolerance to herbicides for weed control.

These cross-species seeds, or transgenics, do not occur in nature and are the result of laboratory methods directly combining their DNA at the cellular level using microinjection. The agricultural biotechnology field is dominated by a handful of large multinational companies. Their highly profitable, patented GMO seeds can cost more than three times as much as regular seeds.

As a consumer, I want to know what I'm eating. If these molecular changes are causing harm to our bodies, how will we know? Who is the watchdog? No one. In a free market, the consumer is entitled to be informed when making a purchase. If you want to know what you are eating, contact your legislators and demand labeling.

Read the full, original article: [I want to know what I eat](#)