

Evolution made modern human females thinner than ancestors

Modern day women have slim hips and narrower waists thanks to evolution – not calorie counting.

Scientists made the discovery by comparing fossils from centuries-old remains to the bodies of women today.

Researchers found that more than 200,000 years ago women's hips would have been several inches wider than the 21st Century woman – likening their not so feminine frames to today's broad-shouldered men.

Unearthed fossils show how pre-evolution women were saddled with hefty, manly bodies to enable them to give birth to big babies.

However, speaking at Britain's leading scientific organisation the Royal Society this week, experts highlighted how, during the course of evolution, the pelvis adapted to allow the rotation of the unborn child.

This allows women to have smaller frames while still carrying babies with large heads.

Read the full, original story: [Forget diets it's evolution that makes women thinner](#)