

Most GMO label supporters don't really support 'right to know'

## **Editor's Note: Readers might also want to read the GLP infographic: [Is labeling GMOs really about our "Right to Know"?](#)**

\*\*\*

Americans are spending a lot of time worrying about what is in their food. This is understandable, given that so much of it is laden with sugar, highly processed flour, and saturated fat. In polls, an overwhelming majority of respondents say they want foods with genetically engineered ingredients to be labelled, and most people add that they would use those labels to avoid eating such foods.

Americans demand labels, at least in part, because they are afraid. And they are afraid because of the kinds of assertions made by people like [Vandana Shiva](#). Shiva and her allies talk constantly about dangers of G.M.O.s that are not supported by facts.

G.M.O. labels may be a political necessity, but they make no scientific sense. Most of the legislation that has been proposed would require a label that says something like "produced with genetic engineering." Almost none of the labels would identify any specific G.M.O. ingredient in any particular food. In fact, the laws now proposed are so vague that many of the foods in a grocery store would have to carry a label. They would tell you how your food is put together, but not what it contains. How could that help anyone make a sound decision about his health?

**Read the full, original article: [The problem with GMO labels](#)**