

## My garden is organic and I grow GMOs

Enter by the wooden gate, you'll find a lush vegetable garden with red veined chard, green cabbages, spicy arugula, bright orange pumpkins, and even a few merry xenias and cosmos. Golden squash blossoms draw bees from the busy garden hive.

Watered by drip irrigation, nourished by homegrown chicken fertilizer and compost, and protected by marigolds and other non-chemical insect deterrents, my garden is a model of organic horticulture.

This fall, as I reap the produce of my organic garden, I will be voting "no" on Proposition 105, the genetically modified organisms (GMO) labeling initiative on the ballot in Colorado. I have researched ways to produce food with fewer chemicals and less water, and have determined that GMOs are the answer for sustainable food production. Requiring food to be labeled "Produced With Genetic Engineering" will unfairly stigmatize GM crops and food processed from GM ingredients.

Even though GM technology is helping mankind grow more nutritional food on smaller acreage, with less water, and fewer chemicals, no one should be forced to eat such food. In fact, Ben & Jerry's is in the process of sourcing all of its ingredients from non-GM crops.

This voluntary business decision will no doubt boost sales among those for whom genetic modification is a concern. The forced labeling approach of Proposition 105 is not about providing information but provoking fear and ultimately stopping scientific progress.

**Read the full, original article:** [My garden is organic and I'm pro-GMO](#)