

Going bald? It's not your mother's fault

You're only 25 and you've begun to lose your hair? Before you freak out (entirely), remember that everyone loses hair routinely and naturally so the fact that your comb looks a little bit clotted right now does not necessarily mean you're going bald. Importantly, if your hair is falling out in strange clumps, you may be having some extreme stress response or some form of dread illness. Instead of consulting a barber, get yourself to your doctor's office.

Then again, everything may be exactly as you imagine: you are witnessing the beginning of your own decline (of hair) and your personal encounter with male pattern baldness has begun.

Many people believe hair loss is passed down on the mother's side. While it's true a key gene for baldness is on the X chromosome, which you get from your mother, it is not the only genetic factor in play since men with bald fathers have an increased chance of going bald when compared to men whose fathers have a full set of hair. While twin studies have confirmed male pattern baldness to be genetically determined, scientists say baldness anywhere in your family may be a sign of your own impending fate.

The GLP aggregated and excerpted this blog/article to reflect the diversity of news, opinion and analysis. Read full, original post: [Going Bald Isn't Your Mother's Fault; Maternal Genetics Are Not To Blame](#)