"Plaques and Tangles" play asks: Would you take genetic test for your fate?

The GLP aggregated and excerpted this blog/article to reflect the diversity of news, opinion and analysis.

You have a 50-percent chance of carrying a gene that will radically change and then destroy your life. Do you want to know if you have it?

This decision is at the heart of *Plaques and Tangles*, Nicola Wilson's first play, on now at the <u>Royal Court</u> in London. The protagonist is Megan, brilliantly played by Monica Dolan, who we see at various stages of her life.

Her mother has died of early-onset Alzheimer's, a rare type of the disease, and Megan faces a dilemma that is becoming more and more common. Does she take a test that might lay bare her destiny?

The reality is that genetic testing for conditions like Alzheimer's is becoming common. If you are at risk, like Megan, because a parent has a disease with a known genetic component, then in the UK, the National Health Service will offer you a test and often counseling, too.

But there are now a large number of companies offering tests, like 23&Me, which recently relaunched its consumer service. 23&Me offers tests for 36 diseases, but it doesn't offer counseling. After the result, you're on your own.

So as a subject for a play, it is timely. Other writers feel it too. Lisa Genova, author of <u>Still Alice</u>, which was made into a film last year starring Julianne Moore as a woman with Alzheimer's, has a new novel out. *Inside the O'Briens* is about a man with Huntington's disease and the struggle his children face about deciding whether or not to get tested.

Read full, original post: Would you take a genetic test that could lay bare your destiny?