

Olympic committee adopting new guidelines for transgender athletes

The GLP aggregated and excerpted this blog/article to reflect the diversity of news, opinion and analysis.

The International Olympic Committee is expected to adopt new transgender guidelines before the Summer Olympics later this year. The guidelines stem from an unpublicized “Consensus Meeting on Sex Reassignment and Hyperandrogenism” the IOC held last November. The guidelines have not yet been distributed by the IOC, but Outsports received the new policy via a trusted source.

The guidelines leave no restriction for a trans man, [like triathlete Chris Mosier](#), to compete against men. [Mosier’s participation in the World Duathlon Championships, for which he has qualified](#), has been in doubt.

[Joanna Harper](#), chief medical physicist, radiation oncology, Providence Portland Medical Center, was one of the people at that meeting. She also happens to be trans, and she said her voice in the room was important in determining these guidelines.

“The new IOC transgender guidelines fix almost all of the deficiencies with the old rules,” [Harper said](#) via email late Thursday night. “Hopefully, organizations such as the ITA will quickly adapt to the new IOC guidelines and all of the outdated trans policies will get replaced soon.”

In addition to opening the door wide for trans men, the new policy removes the need for women to undergo gender-reassignment surgery to compete.

“The waiting period for trans women goes from two years after surgery to one year after the start of HRT,” Harper said. “This matches up with the NCAA rules and is as good as anything. The waiting period was perhaps the most contentious item among our group and one year is a reasonable compromise.”

Read full, original post: [Read the Olympics’ new transgender guidelines that will not mandate surgery](#)