

Video: Need more proof that evolution is real? Check out your own body

The GLP aggregated and excerpted this blog/article to reflect the diversity of news, opinion and analysis.

Vestigial structures are evolution's leftovers — body parts that, through inheritance, have outlived the context in which they arose. Some of the most delightful reminders of the common ancestry we share with other animals, they show that the building blocks of the human body predate our species by hundreds of millions of years.

Several lines of evidence, from the fossil record, comparative anatomy, and genetics, tell another story. But you don't have to dig through those mountains of research to find the footprints of evolution. Check out the video to find out what remnants of evolution are present on your own body!

Read full, original post: [Proof of evolution that you can find on your own body](#)