

Food sustainability expert says organic crops no healthier, have lower yields, waste land

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[Organic food](#) is not better than other produce in Britain because food standards are already so high, a leading expert in food sustainability has said.

Professor Louise Fresco. . . argues that European standards mean that pesticides are used so far before the harvest that no residues remain when they reach shoppers.

She also warns that organic farmers are wasting land by not using fertilisers which boost crops and says there is little evidence to show organic food is healthier.

. . . .

"I think the main reason that people eat organic is they feel they are contributing in some way to doing something. Feeling powerful about food.

"The other issue I have with organic is if you do not use fertiliser then your yields are going to be considerably lower."

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Nevertheless UK shoppers spent an extra £1.73 million on organic products last year, as the nation's appetite for the niche food sector grew for the third year in a row . . .

Read full, original post: [Organic food is no healthier than normal produce, professor says](#)