

Latvian women, Dutch men world's tallest nationalities

When it comes to height, Dutch men and Latvian women tower over all other nationalities, a study reveals.

The average Dutchman is now 183cm (6ft) tall, while the average Latvian woman reaches 170cm (5ft 7in).

The research, [published in the journal eLife](#), has tracked growth trends in 187 countries since 1914.

It finds Iranian men and South Korean women have had the biggest spurts, increasing their height by an average of more than 16cm (6in) and 20cm (8in).

...Americans have tumbled down the rankings. Back in 1914, they had the third tallest men and fourth tallest women on the planet. Today they are in 37th and 42nd place.

The nations with the tallest men in 2014 (1914 ranking in brackets):

1. Netherlands (12)
2. Belgium (33)
3. Estonia (4)
4. Latvia (13)
5. Denmark (9)
6. Bosnia and Herzegovina (19)
7. Croatia (22)
8. Serbia (30)
9. Iceland (6)
10. Czech Republic (24)

The nations with the tallest women in 2014 (1914 ranking in brackets):

1. Latvia (28)
2. Netherlands (38)
3. Estonia (16)
4. Czech Republic (69)
5. Serbia (93)
6. Slovakia (26)
7. Denmark (11)
8. Lithuania (41)
9. Belarus (42)
10. Ukraine (43)

The GLP aggregated and excerpted this blog/article to reflect the diversity of news, opinion and analysis. Read full, original post: [Dutch men revealed as world's tallest](#)