

Key to defeating aging may lie in those with Laron syndrome

In [Lojo]...live a number of people — about 100 — with a special trait: They seem to be protected from certain diseases that devastate the rest of the world.

No matter how old they get, [almost none die of cancer](#). No matter what they eat, they [don't seem to develop diabetes](#).

This group represents approximately one-third of the global population of people who have what's known as Laron syndrome, a [genetic disorder](#) that makes the body unable to use growth hormone.

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What's more, scientists think that if we can understand this unusual constellation of symptoms, there's a chance we could replicate them. It might be possible to take the biological pathway that causes these effects in people with Laron syndrome and recreate it in otherwise healthy adults, according to [Valter Longo](#)....

Doing so, we might be able to drastically reduce the number of people who suffer from diabetes and cancer, and potentially also from autoimmune diseases, Alzheimer's, and other illnesses...This wouldn't just increase people's life spans — they'd stay healthier for those years, too.

The GLP aggregated and excerpted this blog/article to reflect the diversity of news, opinion and analysis. Read full, original post: [These unique people might hold a key to defeating aging](#)