

Staying pregnant: Recurrent miscarriages linked to gene mutations

Getting pregnant and staying pregnant may come easy for some couples, but for others, it can seem like a difficult dream. Some women are susceptible to recurrent miscarriages, and experience two or more consecutive pregnancy losses in the first trimester. These women may feel shame or even guilt, but an international team of researchers suggests some miscarriages may be caused by genetics.

Doctors have found half of miscarriages are tied to a specific issue, such as infections, hormonal balance, or immune problems. For the other half of losses, medical experts have not found an explanation. But, [new research](#)...proposes this may be due to genetic mutations, specifically in the FOXD1 gene.

"We found that women with FOXD1 mutations have a statistically high risk of suffering RSA [recurrent spontaneous abortion]," wrote the [researchers].

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So, is a miscarriage genetic? Maybe.

The discovery of various genetic mutations linked to repeated miscarriages can be discouraging for some women who possess the gene, but staying positive and not giving up has often led to a successful pregnancy.

The GLP aggregated and excerpted this blog/article to reflect the diversity of news, opinion, and analysis. Read full, original post: [Miscarriage Cause May Be In Mother's DNA: Early Pregnancy Loss In First Trimester Linked To Genetic Mutation](#)