

Genetics say your perfect mate is someone just like you

If your genes can't have you all to themselves, they'll seek out the next best thing: A [recent study](#) on assortative mating has uncovered statistical evidence that you're more likely to lock things down with someone just like, well, *you*.

By analyzing three studies with publicly available genetics data on more than 24,000 heterosexual couples of European ethnicity, the researchers discovered that most couples were highly likely to date someone of a similar height, body mass index (BMI), and even blood pressure.

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The researchers also tested correlations between other metrics of desirability, such as education level. [As a result, they found that two] PhDs are more likely to date each other than they are someone without a college education. While you could easily chalk this up to a matter of life choices or socioeconomic effects, the researchers found that genes associated with pursuing more education...were more often than not shared between mates.

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The new research represents a continuation of the growing field of science that studies [assortative mating](#)—basically, how we choose our partners—in human beings.

The GLP aggregated and excerpted this blog/article to reflect the diversity of news, opinion, and analysis. Read full, original post: [Your Genes Influence Who You Settle Down With](#)