Talking Biotech: Should consumers fear use of hormones, antibiotics, trace chemicals and GMOs in our food?

Hormones, antibiotics, GMOs... A trip to the grocery store is a battle against fear and guilt. From marketers to activists, there is a concerted effort afoot to use fear, shame, and guilt to shape consumer food choices. Sadly, this is happening at a time of unprecedented abundance, but also a difficult time for farmers due to low prices and regulatory hurdles.

Michele Payn grew up on a dairy farm and is now a popular speaker and author with a new book. "Food Truths from Farm to Table: 25 Surprising Ways to Shop & Eat without Guilt" analyzes the hot areas of public controversy, and uses scientific evidence and on-farm common sense to separate fact from fiction.

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Buy the book: Food Truths from Farm to Table

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For more background on the Genetic Literacy Project, read GLP on Wikipedia