

Which genetic test is best: AncestryDNA v 23andMe v National Geographic

Genetic testing companies have proprietary sets of data and various ways of analyzing information, so each one I tried offered a distinct approach to how they presented my results and what information they gave me.

23andMe

If you're looking at this test as a science experiment, using it as a way to get involved in research, or viewing it as a chance to learn about your genetic health risks, then this is the test for you...If you do opt for the full test, however, there are some considerations patient groups and genetic counselors [would like users to take into account](#).

AncestryDNA

If the idea of tracing your family tree through the generations and connecting with distant relatives gets you excited — but you're less interested in receiving health information — this is the test for you.

National Geographic

For what you get, the test doesn't have nearly the range that other ancestry tests have. And it's more expensive than the other two \$99 options, though National Geographic says the revenue funds nonprofit "conservation, exploration, research, and education" efforts.

There are, of course, other tests I have yet to try.

The GLP aggregated and excerpted this blog/article to reflect the diversity of news, opinion, and analysis. Read full, original post: [I've taken AncestryDNA, 23andMe, and National Geographic genetics tests — here's how to choose which one to try](#)

For more background on the Genetic Literacy Project, read [GLP on Wikipedia](#)