

Can 'G-spotplasty' surgery boost sexual satisfaction in women?

Three women have received a surgery intended to improve G-spot sensitivity and increase sexual satisfaction. The procedure tightens tissue in the vaginal wall around the so-called G spot, an area of the vagina reputed to produce intense orgasms when stimulated, although experts still argue over [whether this really exists](#).

The surgery – dubbed a “G-spotplasty” – has been performed on three women who said they lost the ability to orgasm through vaginal stimulation alone following the birth of a child.

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For each woman, [surgeon Adam] Ostrzenski removed a small, diamond-shaped piece of tissue from the supposed location of the G spot. He then stitched the vaginal wall back together again, causing it to tighten. The procedures were carried out in 2013, using a local anaesthetic and a sedative

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Following the procedure, all three women went on to say that they had regained the ability to reach vaginal orgasm – without stimulation of the clitoris – and now had intercourse more frequently.

However, there was no placebo in the study, and it is unclear if these women would have seen the same improvements over time without the surgery.

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[F]or women who are sexually frustrated, the G-spotplasty reinforces the message that they have a problem, and that the problem is their own body. “What is actually statistically normal – difficulty achieving orgasms through penetrative vaginal intercourse – is now considered pathological,” [Devan Stahl] says.

Read full, original post: [G-spot surgery given to three women to boost sexual pleasure](#)