

# 10 common misconceptions about the human brain

[Chances are you've heard a completely incorrect "fact" about the brain.

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[Here are] the biggest and most widely believed misconceptions about the human brain, and why they're wrong.

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## 1. There are 'left brain' and 'right brain' people.

According to popular culture and quizzes on Facebook, logical, analytical people have a "left brain" while creative and artistic types think with their "right brain." But this isn't true. No scientific studies have really ever been able to prove people are dominated by either side of the brain.

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## 2. We only use 10% of our brain.

It's pretty compelling to think that the human brain has mostly untapped potential. But in reality, the idea we only use 10% of our brains is totally untrue.

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## 6. There are only 5 senses.

We are taught early on at school about the five senses: sight, hearing, taste, smell, and touch. But it's actually more complicated than that, and we have a few more. Some neuroscientists list up to [21 slightly different ways of sensing things](#).

*Editor's note: Click the link below to view the full list*

**Read full, original post:** [There's no such thing as being right or left-brained — here are 10 misconceptions about the human brain we always get wrong](#)