8 things to know about anti-aging research and why there's 'no doubt' humans can live to 150

Dr. [Michael] West is the CEO of AgeX Therapeutics, a biotech company that is developing novel therapeutics to target human aging and age-related degenerative diseases using pluripotent stem cells. Dr. West recently shared some key insights with Editor-in-Chief Kira Peikoff about what's happening in this exciting space.

1) Pluripotent stem cells have opened the door for the first time in human history to manufacturing young cells and young tissue of any kind.

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2) Early human development could hold the key to unlocking the mystery of aging.

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4) The majority of clinical applications are still years away.

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5) Few, if any, medical interventions are available today that are proven to markedly slow aging – yet. But the Baby Boomers are not necessarily out of luck.

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6) There is an ethical debate about how far to apply this new science.

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7) The biggest challenge of intervening in human aging is cultural denial.

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8) The lifespan for healthy children born today could surpass anything humanity has ever seen.

"It is at least 150 years of age," West predicts. "I have no doubt, zero doubt, that in the foreseeable future, we'll hear of a person who has lived to about 150. We know now it's possible."

Read full, original post: The Top 8 Things to Know About Anti-Aging Research Right Now