

When a DNA test uncovers an ugly family secret

As DNA-testing companies sell millions of kits, they've started to rearrange families. The tests have [reunited long-lost cousins](#) and [helped adoptees find their birth parents](#), [donor-conceived kids their sperm donors](#). They have also, in some cases, uncovered difficult family secrets.

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One such father is Christopher, whose real name we are withholding at his request. Earlier this year, after buying his now-15-year-old daughter an AncestryDNA test, Christopher found out that he is not her biological father. His wife had an affair.

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Two and a half weeks after the discovery, he filed for divorce. We spoke about how revelation has changed his family, what it's like to parent a teen going through this, and the particular difficulties of talking about this as a man.

The transcript below has been edited and condensed for clarity.

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Zhang: Did finding out change your relationship with your daughter, even if just at first?

Chris: On the day that I found out, I was like, I wanted to reject her, because I said my boundary was I will not raise another man's child from an affair. My mom put me straight. She was like, "She's innocent in this. Don't blame her." So I consider her my daughter. I just say she's my daughter.

Read full, original post: [When a DNA Test Reveals Your Daughter Is Not Your Biological Child](#)