

Why this farmer and mother changed her mind about the dangers of GMOs

As a 4-H kid with Hollywood dreams, my younger self would be SHOCKED to see me now, back on a farm instead of a movie set I had my sights locked on the big city. So after high school I moved to Los Angeles to earn a degree in fashion and chase that Hollywood life but I also drifted farther than I'd ever been from the farming community I knew as a kid.

[Editor's note: Michelle Miller is an Iowa-based farmer.]

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I was super worried about pesticides, hormones and antibiotics, factory farming I bought into all of it. At least I did until a farmer named Doug came into my life and ended up trading my fashionista, city girl life for one working on his family's fifth-generation farm in Iowa It was all going great until I asked if his crops were GMO. He casually and proudly said "yes."

...um, what?! I was shocked. How could this great guy be growing something everyone knows is terrible?

But as I soon learned, my reaction said more about my media diet than his farming choices. And it set me on a journey to not only reconnect personally with farming, but to also help educate other people struggling as I had to adhere to baseless food rules and social pressures.

Read full, original article: [The Facts About GMOs, From a Farmer Who Used to Oppose Them](#)