

## Environmental Working Group's 'Dirty Dozen': If you eat 18,615 servings of kale daily, pesticides still won't harm your health

[On March 20] the Environmental Working Group (EWG) [released] their so-called "[dirty dozen](#)" list. Before covering or using this "list," we ask reporters, bloggers, nutrition communicators and consumers to consider these facts about the "dirty dozen" and produce safety:

[Editor's note: The [Alliance for Food and Farming](#) is a nonprofit that represents organic and conventional fruit and vegetable farmers.]

### Our first and most important fact:

A farmer's first consumer is his/her own family so food safety is *a/ways* their priority.

...

### The "Dirty Dozen" Recommendations Are Unsupportable/May Negatively Impact Consumers

- A [peer reviewed study](#) found that EWG's suggested substitution of organic forms of produce for conventional forms ***did not result in any decrease in risk*** because residues on conventional produce are so minute, if present at all.
- A woman could eat ***18,615 servings of kale in a day*** and a child could eat ***7,746 in a day*** and still not have [any health effects](#) from residues....

...

- [United States Department of Agriculture's \(USDA\)](#)....Pesticide Data Program report shows that 99% of residues found on fruits and vegetables, if present at all, ***are well below safety levels set by the Environmental Protection Agency (EPA)***. The Federal Food and Drug Administration (FDA) [sampling shows that 50%](#) of those foods had no detectable residues at all.

Read full, original article: [Facts to Consider About the "Dirty Dozen" List](#)