

‘An insurance policy for the future’: Why some healthy young men are freezing their sperm

Gilbert Sanchez froze his sperm in January [2019], shortly before his 25th birthday. He was healthy and at low-risk for fertility issues. But he wanted to be proactive.

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Sanchez’s choice highlights a new anxiety about sperm health among American men. The idea that men can easily father healthy children into their 70s and 80s has been exposed as a myth. In fact, research shows that older men have a higher risk that their partners will miscarry.

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New businesses are capitalizing on those revelations. Start-ups like Trak, Yo and SpermCheck are selling at-home testing kits so men can figure out early on if there’s something amiss with their sperm. Employee benefits companies are debating how to translate the fertility coverage they offer to female employees to their male counterparts. And sperm freezing companies are aiming to turn what has been a sterile, clinical process into something more cool — a 23andMe or [Ancestry](#) for sperm.

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Their message is that sperm freezing shouldn’t just be for men suffering from infertility, cancer or heading off to a war zone — but something every male should consider.

“I view this as an insurance policy for the future,” said Legacy’s CEO, Khaled Kteily.

Read full, original post: [Male angst prompts a new fertility service: Sperm freezing](#)