

## Pregnant women, teenagers warned to stay away from marijuana by surgeon general

The federal government on [August 29] issued an advisory warning against marijuana use in teenagers and pregnant women, cautioning that the drug can impact brain development and is associated with future alcohol and opioid addiction.

“No amount of marijuana use during pregnancy or adolescence is safe,” said Surgeon General Jerome Adams at a press conference.

Pregnant women and young people, however, are growing more likely to use marijuana and are largely unfamiliar with the risks, said health secretary Alex Azar. Increased marijuana use has also been increasingly linked to “risks like anxiety, agitation, paranoia and psychosis,” the department said.

Increasingly potent marijuana plants — and new delivery forms like edibles and waxes or liquids that can be consumed using vape products — mean that marijuana use results in more exposure to THC, its psychoactive compound, than ever, officials said.

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The Food and Drug Administration this year has [worked to better regulate supplements](#) containing CBD, a non-psychoactive compound within marijuana. The agency also [approved a CBD-based drug](#) last year as a treatment for seizures.

Thirty-three states and the District of Columbia have legalized marijuana for medicinal use, and 11 states have legalized its use recreationally, despite the administration’s opposition.

**Read full, original post:** [Surgeon general: Marijuana during pregnancy and adolescence is dangerous](#)