

## Viewpoint: ‘There are no long-term GMO safety studies,’ and 9 other biotech myths debunked

Can salt be a GMO? Is it true that no long-term studies have been done on GMOs? There are many fun facts about GMOs and GMO myths and truths out there, but which ones are true and which ones are false?

In this article, we cover some interesting facts about GMOs including common GMO misconceptions and the truth about GMOs.

So, if you’re ready for some GMO facts and GMO myths, read on.

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**Myth:** No [long-term health studies](#) have been conducted on GMO crops.

**Fact:** GMO crops are repeatedly and extensively tested for consumer and environmental safety.

The truth about GMO testing is these tests are reviewed in the U.S. by the Department of Agriculture (USDA), Environmental Protection Agency (EPA), Food and Drug Administration (FDA), and similar organizations internationally. Tests are conducted by both industry experts and independent organizations to ensure that common GMO foods are safe to eat.

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Also, in 2012, a literature review performed by Snell et al provided a good summary of long-term [feeding studies](#) with diets containing large amounts of GMO-derived ingredients. They concluded that “the studies reviewed present evidence to show that GM plants are nutritionally equivalent to their non-GM counterparts ....”

**Read full, original article:** [GMO Myths Vs. Facts](#)