

Viewpoint: Don't overpay for greens labeled 'non-GMO'—because there's no genetically modified lettuce

Have you ever eaten genetically modified arugula? We're positive you haven't — because it doesn't exist! But that hasn't stopped Gotham Greens, which calls itself a “hyper-local” company, from putting “non-GMO seed” on its containers of arugula

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What Gotham Greens doesn't want you to know is that all lettuce is non-GMO — including the seed used to grow it.

Read full, original article: [Gotham Greens Arugula](#)