

Natural GMOs: Study shows that 12 popular foods were genetically modified by mother nature

Even though no one has found any evidence that genetically modified organisms (GMOs) are harmful, anti-GMO activists have campaigned against them for years, with considerable success. As of this writing, 19 out of 28 countries in the European Union have voted to ban or severely restrict genetically modified plants But all of these restrictions may be in vain, because nature got there first.

It turns out that many common foods have already been genetically modified, by a bacterium called *Agrobacterium* And these foods are transgenic: they contain genetic material from completely different species.

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[I]n a [newly published study](#), scientists discovered that *Agrobacterium* has made its way into dozens of other plants So without further ado, here are the natural GMO foods, all of them transgenic, with the common name followed by the formal species name in italics:

bananas (*Musa acuminata*)
beer (hops) (*Humulus lupulus*)
cranberries (*Vaccinium macrocarpon*)
date-plum (*Diospyros lotus*)
guava (*Psidium guajava*)
peanuts (*Arachis hypogaea*)
pomelo fruit (*Citrus maxima*)
Suriname cherry (*Eugenia uniflora*)
sweet potatoes (*Ipomoea* species)
tea (*Camellia sinensis*, which is used for most teas)
walnuts (*Juglans* species)
yams (*Dioscorea alata*)

Read full, original article: [Surprise! Your Beer And Tea Are Actually Transgenic GMOs](#)