

## Organic vs. conventional farming: Which has lower environmental impacts?

**T**he Swedish Food Agency (Svenska Livsmedelsverket SLV) recently published [a report](#) on a many-faceted breakdown of environmental effects in farming per one kilogram of farming product. This report was also discussed in an opinion piece in the Sweden's largest newspaper, [Dagens Nyheter](#) (under the title "Organic farming has never been better for the environment").

In SLV's report, researchers looked at environmental impacts separated into the subtopics of climate, over-fertilization, acidification, eco-toxicity, energy use, and land use. They determined there to be a difference between the organic and conventional farming when a study would find more than 10 percent variation in the two farming systems' respective impacts, and when two thirds of the studies considered would be in agreement over the effect. The number inside each cell signifies the number of studies considered. They compared these effects per one kilogram product for nine categories of food product: *milk, beef, pork, chicken, eggs, fish and seafood, vegetables, and fruits and berries*. (Note, category fish and seafood shortened to 'fish' and category fruit and berries to 'fruit' for space reasons in the version I translated and created into the infographic you see below. The table with its numbers and colors was provided as is in the report).

# Environmental impacts of farming

Organic claims to be more environmentally friendly. Swedish Food Administration report shows it falls short in 39 out of 53 reviewed aspects. Conventional farming outperforms organic more often than the reverse.



	Climate	Over-fertiliz.	Acidification	Eco-toxicity	Energy use	Land use
Milk	32	6	6	5	9	13
Beef	5	7	3	9	3	4
Pork	4	6	4	4	4	5
Chicken	4	6	4	4	2	5
Eggs	2	3	2	1	2	2
Fish	4	3	4	3	3	0
Grains	21	11	10	12	18	9
Veggies	13	4	4	9	8	2
Fruits	22	4	4	2	9	2

Use of resources and other environmental effects compared per unit weight of each farming product. Numbers signify nr of studies reviewed.

Source: Svenska Livsmedelsverket, Report June 2016, part 2



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The table can be found in the [DN article](#) or originally on page 41 in the [SLV's report](#)

**What conclusions can be drawn from this summary?**

Neither conventional or organic is clearly environmentally superior. The claim that one of these two systems would be worth special subsidies, higher cost to consumer, or a better reputation, is not well founded – if such a difference is hinted at, the benefit seems to reside slightly on the side of conventional farming.

Organic is on top in 14 aspects, half of them in the area of ecotoxicity. This does not address the question whether ecotoxicity is a great risk in contemporary agriculture, or greater or lesser one than any one of the other aspects. It is worthwhile to considering that pesticides have become dramatically safer over the past 50 years. Some perspective on herbicides is given in the piece: [Herbicides: How harmful are they?](#) They write:

Although there have been pesticides that were toxic and dangerous to handle, most of these products are no longer used and have been replaced by newer chemistry. Pesticides now must go through rigorous testing by the U.S. Environmental Protection Agency (EPA) before they can be sold. This has led to many herbicides that possess little or no mammalian toxicity and are less harmful than many everyday household products (Table 1). Surprisingly, household chemicals that many of us store under the kitchen sink pose more risk to the handler than herbicides.

Another good overview comes from Steve Savage over at Applied Mythology: [Pesticides – Probably Less Scary Than You Imagine](#):

All the registered pesticides are also extensively studied in terms of their effects on “non-target” organisms and their environmental fate. The rules for how any given pesticide can be used (the label requirements) factor in worker and environmental risk. Once again, the sort of issues that were common in the 1960s are not at all reflective of the modern situation.

This does not mean that pesticides should not be carefully studied and monitored to make sure we apply them in a way that has minimal adverse effect on organisms which fall outside their scope (managing pests and weeds). I have written more about the research done on [bees and neonicotinoid here](#), for instance.

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Meanwhile, conventional farming (representing about [94 percent of all farming in Europe](#)) ends on top on eighteen aspects in this table summary – that is only four ‘winning’ aspects more than organic. Once more, neither these columns nor rows are a one plus one kind of metric, as there are local and global differences to importances of the different environmental impacts, differences to how large areas the farming of each product category represents, and differences too to how pronounced and reliable each of the measured differences between the systems are. Bearing this in mind, the conventional’s clearest strong side, outperforming organic in seven out of eight categories, is land use. It may not be surprising

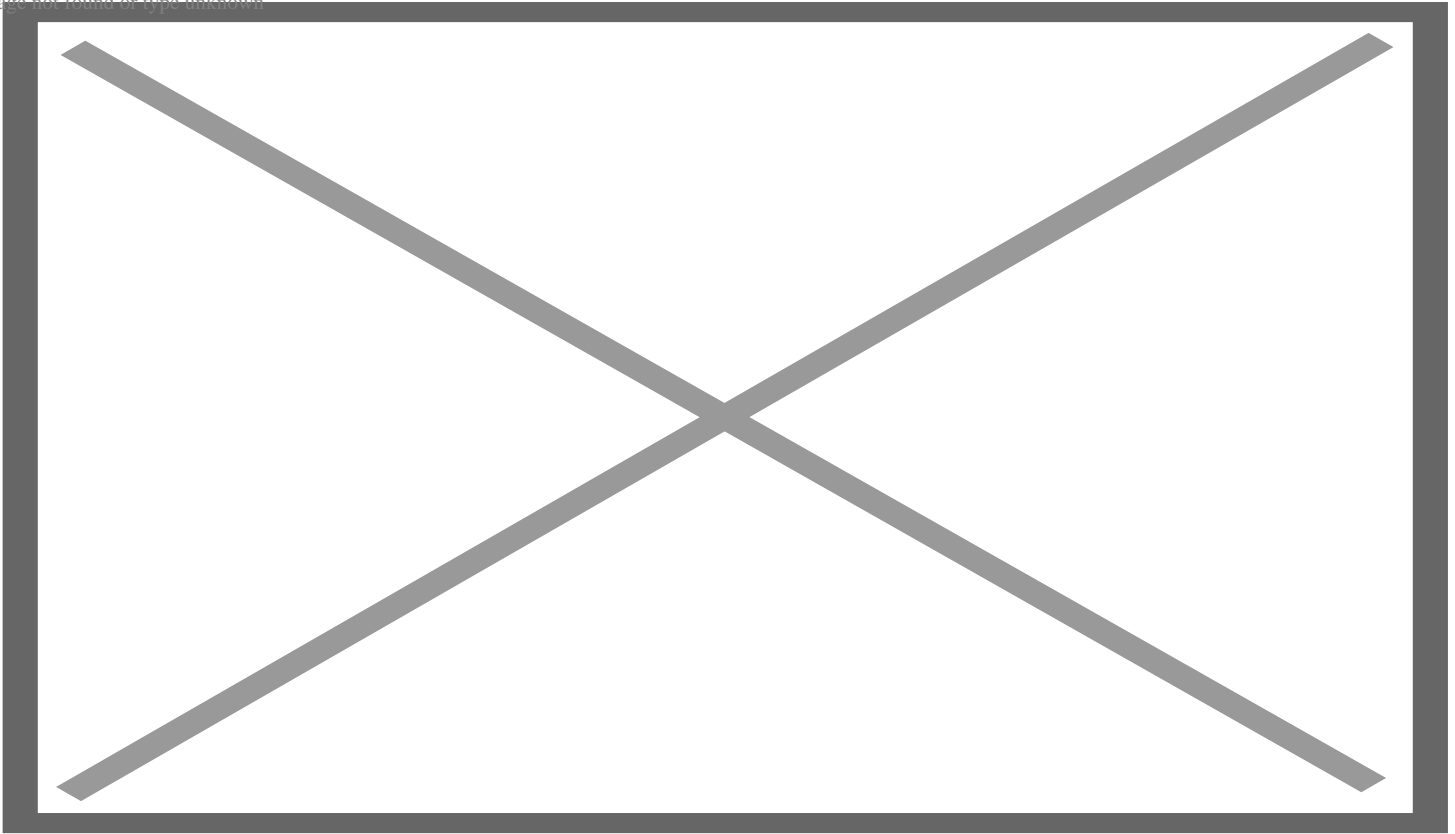
that these are the clearest signals: whereas organic excludes pesticides and fertilizers of a certain type (ones that are considered too man-made), conventional makes careful use of them, and partly thanks to just that, ends up making more optimal use of its area, producing more product on less land.

## **Ecotoxicity vs land use – which is a larger problem?**

It is not a simple task to try to assign relative weights to environmental impacts, but it is worth the effort to try to look for evaluations of this topic in the scientific literature. Marc Brazeau has written an insightful piece on this topic: Focus On Pesticides Is a Distraction From Major Eco Impacts, where he reports on a research paper looking at the largest environmental areas of concern, titled [Leverage points for improving global food security and the environment](#), in the journal Science. He makes some important observations on the relatively low impact of pesticides vs several other factors in farming:

The environmental impacts highlighted include water use and irrigation; nutrient leaching and eutrophication due to excess nitrogen and phosphorus; land use, especially tropical deforestation; and greenhouse gases, especially N<sub>2</sub>O but also carbon and methane. If you look at the research on the environmental impacts of food production by researchers like geophysicist Gidon Eshel of Bard College (Michael Pollan's go-to source on these matters) you will find a similar set of concerns and the same absence of pesticides as an environmental concern.

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This figure was featured in Marc Brazeau's piece, and it is originally from the article *Leverage points for improving global food security and the environment*, behind paywall over at [Science](#)

He goes on to point out that pesticides actually help us address some of those other important issues. With appropriate use of pesticides, less resources (such as fertilizers, land, irrigation) are wasted on pests and weeds – thus limiting the general effects of farming. Scoring higher on ecotoxicity indeed seems potentially to be a part of the why conventional farming has an environmental edge over organic farming.

## The big picture?

If you consider the columns in the table on climate, over-fertilization, acidification, and energy use – which all belong to the areas highlighted by the *Science* piece as crucial priorities – the only honest conclusion we can draw is: in Sweden, at least, there is no clear superiority among the farming systems. In these four important environmental aspects they are by far more often equal than they are different.

What comes to situations elsewhere, an European meta-analysis of hundred studies finds that over-fertilization, acidification, and land use are the more problematic aspects in organic farming, whereas it tends to have smaller energy requirements than conventional farming. Quote from the conclusion of the meta-analysis [Does organic farming reduce environmental impacts?:](#)

...ammonia emissions, nitrogen leaching and nitrous oxide emissions per product unit were higher from organic systems. Organic systems had lower energy requirements, but higher land use, eutrophication potential and acidification potential per product unit.

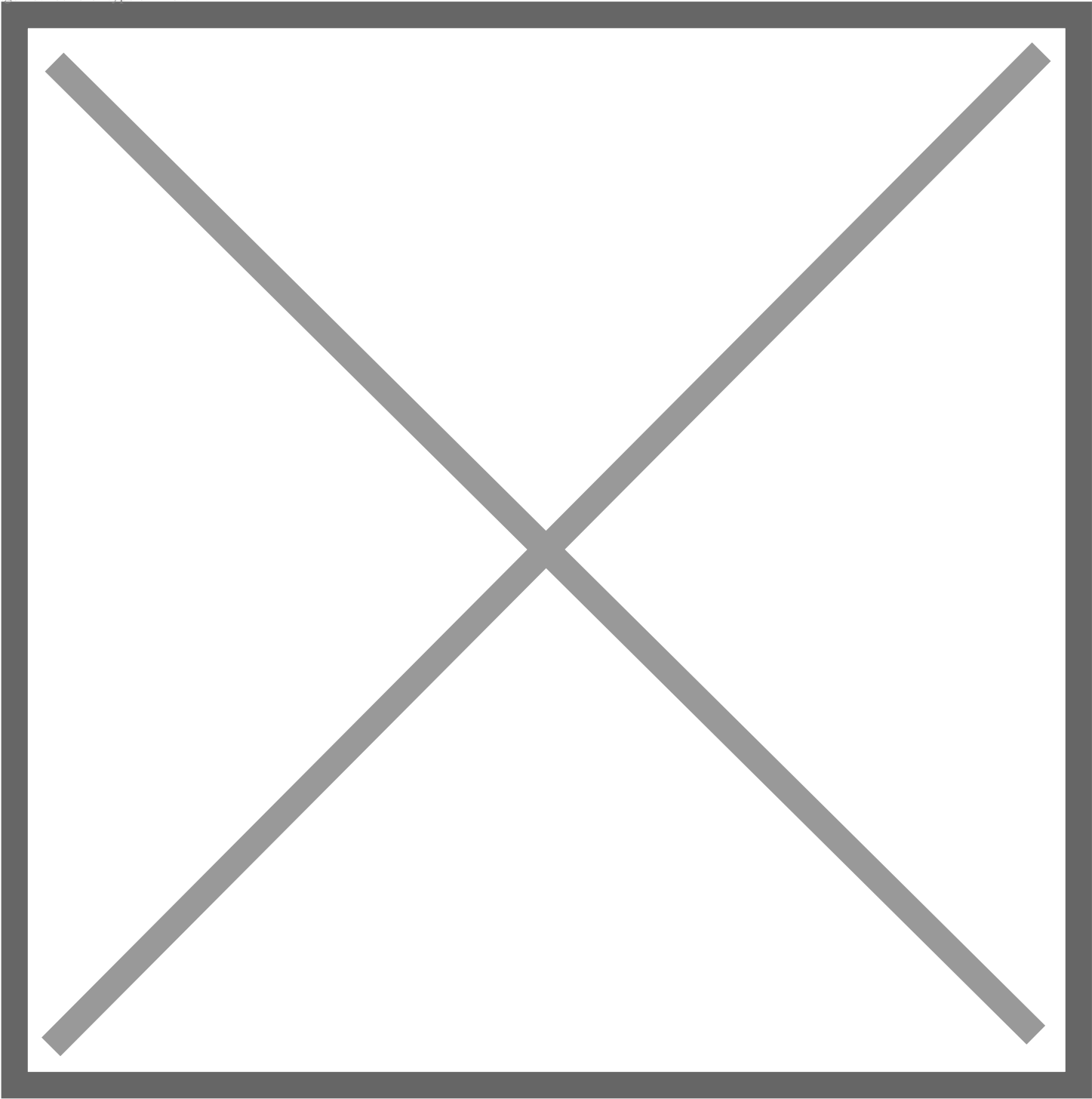
Land use, on the other hand, also highlighted as very important by the paper in Science on global farming issues, is where conventional farming clearly is the environmental choice. This is where the 'ecotoxic' substances would probably have helped avoid using more land.

### **Let's sit down at a neat table: Correct mistaken ideas**

What makes this kind of review important is clear when you consider the common belief [propagated by organic marketers](#): that theirs is the more environmentally friendly way to farm. I used to make the same [Natural Assumption](#). But the environment does not in fact differentiate between a harmful impact from a 'natural' source (however that may be defined) and a 'non-natural' one.

If the organic label was committed to striving toward documented environmental benefits instead of the idea of some kind of superior naturalness, I would still be the loyal organic customer I used to be. As it is, there is little support in the science or in this SLV report for the claim of organic farming leading the way in the use of environmentally friendlier methods today.

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Unfortunately many mistaken ideas about organic farming stem from the misleading tactics of organic marketers. Infographic created together with Alison Bernstein aka [Mommy PhD](#), who came up with the idea behind it. Statistics on European organic farming can be found [here](#), and you can read more about pesticides, antibiotics, [GMOs](#), [conservation tillage](#), and [crop rotations](#) in the piece below.

Instead organic lobbying has marketed its idea of superiority to the degree that the Swedish state pays subsidies to support organic farming to the sum of 600 million Krona per year – and half that again in the amount state institutions' commitment to buying organic, and more still if you consider the cost to ordinary consumers who believe the same idea (figures are [according](#) to the Swedish ecologist and Emeritus Professor Torbjörn Fagerström and plant physiologist Jens Sundström in their article in DN). In the same vein, taking things to more of an extreme, a rather worrisome suggestion comes from the Swedish Green Party, where they campaign for [a shift into 100 percent organic farming](#). It makes me wonder if farming methods have become all marketing and politics? Where does science fit in all of this?

What we really need now is an evidence-based environmental standard that we can encourage all farmers to aspire to. Organic could turn a new leaf and become that positive influence. My understanding is that it has inspired the farming-world wide adoption of several good methods in the past, such as Integrated Pest Management and use of cover crops – and it could do so again. It could help us save the environment, including the land that can be spared from being converted into fields.

## **This Swedish report looks at conventional farming without the environmental benefits of biotech**

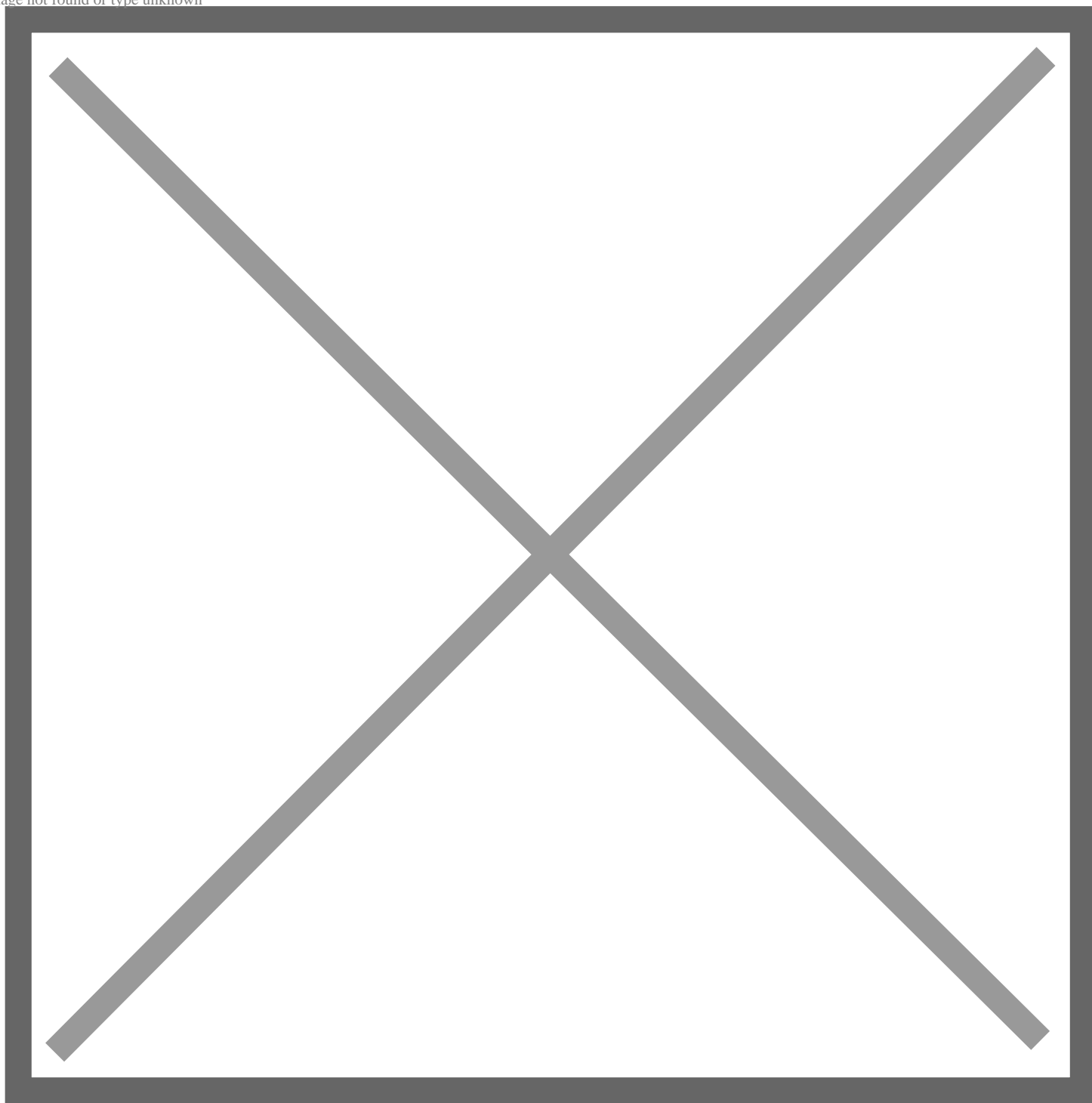
It is worth underlining that this report focuses on Swedish farming or studies in comparable settings, or places where a lot of their food imports come from. There is almost none of the documented positive climate effect or decreased pesticide use effect from the use of biotech varieties in these results, as adoption of biotech crops has been painfully slow in Europe.

With biotechnology, it has been documented that conventional farming becomes more environmentally friendly, saving more resources, such as reducing pesticide-use, and allowing for the wider adoption of no-till, limiting erosion and run-off. Studies on the key environmental impacts that crop biotechnology has had on global agriculture in [2012](#) and [2013](#) point out following advances:

The adoption of GM insect resistant and herbicide tolerant technology has reduced pesticide spraying by 553 million kg (-8.6%) and, as a result, decreased the environmental impact associated with herbicide and insecticide use on these crops (as measured by the indicator the Environmental Impact Quotient (EIQ)) by 19.1%. The technology has also facilitated important cuts in fuel use and tillage changes, resulting in a significant reduction in the release of greenhouse gas emissions from the GM cropping area. In 2013, this was equivalent to removing 12.4 million cars from the roads.



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From the piece: [GMOs and the Environment](#)

Another thing worth noting is that Sweden also has some of the most restrictive pesticide rules for organic. This might also factor into having organic rate better for 'ecotoxicity'.

It's good to keep in mind that many pesticides are still [allowed](#) even in Swedish organic, the following list comes from the most restricted organic brand, KRAV: azadiracthin, pyrethrines, lecithins, hydrolysed proteins, bee wax, quassia, micro-organisms, spinosad, pheromones, Iron(III)phosphate, Kaliumsalt, calcium polysulphide, paraffine oil, kvartssand, sulphur, calcium hydroxide, kalium carbonate, aluminium silicate, and laminarin. Many consumers are in fact unaware of any pesticide use being allowed in organic farming, partly thanks to their marketing which spreads the misleading idea (like they did in [Coop's popular organic ad which has now been sued for misleading tactics](#)). But organic farmers, like any farmers, do have a great need for pesticides, because they all direly need to have a way to handle pests. Otherwise there would in many cases be no crop to speak of. In the wise words of the weed ecologist Andrew Kniss: Everything in agriculture is a trade-off.

A similar detail analysis, such as this Swedish one, would be very interesting to see for instance for the U.S., where farmers enjoy the benefits of biotech-induced drop in pesticide use and reduction in carbon emissions.

The bottom line for me is this: no matter the label, I want to buy food that uses methods that best help reduce environmental impacts, particularly the ones that pose most urgent threats to our natural world today. It is very important for me that we focus on environmental issues in farming, and that we do so based on accurate scientific information, not misleading marketing ideas.

If you would like to read more, I have written on this topic many times, for instance here: [On Farming, Animals, and the Environment](#), [Myth: UN Calls For Small-scale Organic Farming](#), or other pieces under the categories: [The Environment](#) and [Farming and GMOs](#).

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