

Pesticide residues 'do not pose a concern for public health' — FDA reaffirms safety of conventionally-grown fruits and vegetables

[On October 20,] the Federal Food and Drug Administration (FDA) released its [Pesticide Residue Monitoring Program Report](#). According to FDA, their monitoring results show that residues “do not pose a concern for public health.”

The FDA found almost 99% of the domestic foods sampled had residues levels well below Environmental Protection Agency (EPA) safety standards with 42% of foods having no detectable residue levels at all.

This report shows that consumers can choose organic and conventionally grown fruits and vegetables with confidence. It also underscores that no one and no group should discourage consumers from eating healthy produce by promoting unwarranted safety fears about residues.

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These federal sampling program results are complemented by state residue sampling programs as well as peer reviewed toxicology studies that consistently verify the safety of produce.

If you still have concerns about residues, [just wash your fruits and veggies](#). FDA states that washing produce often removes or eliminates any minute residues that may be present.

[This is an excerpt. Read the original post here.](#)