

The Case Against Death: 'Increasing average life expectancy by one year would save \$38 trillion per year for the U.S. alone'

It is widely acknowledged that even a small advance in anti-aging science could yield benefits in terms of healthy years that the traditional paradigm of targeting specific diseases is not likely to produce.... A more youthful population would consume less medical resources and be able to work longer. A recent study published in *Nature* estimates that a slowdown in aging that increases life expectancy by one year would save \$38 trillion per year for the U.S. alone.

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The National Institutes of Health spent less than one percent of its \$43 billion budget for the fiscal year of 2021 on the National Institute on Aging's Division of Aging Biology.... There is a lack of political will and leadership on the issue, and the idea that we should seek to do something about aging is generally met with a great deal of suspicion and trepidation.

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In my book, [The Case against Death](#), I suggest that we have been culturally conditioned to think that it is virtuous to accept aging and death. We are taught to believe that although aging and death seem gruesome, they are what is best for us, all things considered. This is what we are supposed to think, and the majority accept it.

[This is an excerpt. Read the original post here](#)