

Viewpoint: ‘Villainous’ methane-burping cows may be part of an integrated solution to climate change

Beef and dairy cattle have been demonised by many as one of the main causes of increased green house gas emissions but nothing could be further from the truth according to Ffinlo Costain, who believes the cow could be the answer to the climate change emergency.

Mr Costain, chief executive of Farmwel and founder of the Food and Global Security Network, says the world faces two concurrent crises in nature – climate change and loss of biodiversity

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As a result, the cow becomes the villain by emissions-centric life cycle analyses – which are obsessed-over by many scientists and by the policy-makers and mainstream media that follow them.

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Instead he stressed that more emphasis has to be placed on soil health and regeneration to bolster food security on a worldwide scale.

He added that a cow in a regenerative adaptive multi-paddock system eats herbs and legumes and leaves which it transforms into compost within a matter of hours to come out of its back end, fall on the ground and gets trampled into the ground by other animals. This in turn moves the nutrients around and into the soil.

[**This is an excerpt. Read the original post here**](#)