Curvy women advantage? Large buttocks may signal an evolutionary edge

South African women have been crowned as having the curviest figures in the world, according to research conducted by market research company GitNux. The study analyzed the average hip size of women in different countries, which is often an indicator of the size of their buttocks.

Research suggests that humans evolved to have larger buttocks compared to other mammals because we primarily walk on two legs.

A study published in the journal Evolution and Human Behavior found that men are mostly attracted to women with a 45-degree curvature from their back to their buttocks.

This spinal structure allowed pregnant women to balance their weight over their hips, making them more effective at foraging during pregnancy and less likely to suffer spinal injuries.

Men who preferred these women would have had mates who were better able to provide for their offspring, leading to the evolution of bigger buttocks as a desirable trait.

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A wide array of factors can influence the size of a woman’s buttocks, including bone density, genetics, diet, overall weight, and activity levels.

More than 68% of women in South Africa are overweight or obese, which may partly explain their large average hip size. Contrastingly, the low ranking of other African nations like Nigeria suggests different health and nutritional patterns across the continent.

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